

Checklist of 'Heart' Questions for an Election Year

1. How much time do you spend watching or reading political news and political commentary (TV, YouTube, newsfeeds, etc.) compared to how much time you spend focusing on the Lord in prayer, worship, and His Word? Which is shaping your heart more? And are you becoming more like Jesus in this process?
2. How much time do you spend in your relationships or online talking about political things compared to how much time you spend sharing about what God is doing in your life and around the world for His glory?
3. Do you find yourself on a roller coaster of emotions, depending on the latest political polls or news? Are you increasingly angry about political things, getting all worked up? Are you tempted to despair if it doesn't look like an election is going the way you want?
4. Are you willing to attack and vilify anyone who holds a different political view, even if it's a brother or sister in Christ? Do you think you are justified in any kind of speech or behavior to get your point across?
5. What are you most passionate about? What gets you the most excited? And what would those closest to you, who know you best, say?