



Biblical Counseling
Pre-Marital Counseling Schedule
Counselee Copy

Materials

Pre-Engagement: 5 Questions to Ask Yourself by David Powlison

Tying the Knot by Rob Green

Selected Sermons available at graceky.org

Journal to answer questions from *Tying the Knot*

It is a joy to join you in this process of preparing for marriage! In preparation for your first session, please take some time to read the booklet *Pre-Engagement: 5 Questions to Ask Yourself* by David Powlison, Highlight the main points that stick out to you and spend some time together with your partner to answer the questions to each other.

Sessions

I. Session One – Date: _____

A. 5 Questions booklet – Highlight and Discuss together

1. Are you both Christians?
2. Do you have a track record of solving problems biblically?
3. Are you heading in the same direction in life?
4. What do others who know you well think of your relationship?
5. Do you want to marry this person?

B. Homework for next session

1. Read Chapter 1 of *Tying the Knot*: “Jesus Must Be the Center of Your Life”
2. Answer the questions on pg. 22-23 in a Journal (if they don’t already do so, encourage them to start using this as a prayer journal).
3. Listen to sermon “What Happened to My Dream?”
4. Scripture Memory: Matthew 22:37-40

II. Session Two – Date: _____

Homework for next session

1. Read and do the homework for Chapter 2, “Love with Jesus as the Center”
2. Listen to sermon “Can’t You Fix Our Marriage Fast? (Learning to Love)”
3. Scripture Memory: 1 Corinthians 13:1-7 (3 weeks)

III. Session Three – Date: _____

Homework for next session

1. Read and do the homework for Chapter 3 of *Tying the Knot*, “Problem Solving with Jesus as the Center”
2. Listen to the Sermon “Why is there so much Conflict Between Us?”

3. Keep working on Scripture Memory: 1 Corinthians 13:1-7 (3 weeks)

IV. Session Four – Date: _____

Homework for next session

1. Read and do the homework for Chapter 4 of *Tying the Knot, “Roles and Expectations with Jesus as the Center*
2. Listen to the Sermon “How to Really Love your Wife/Husband”
3. Keep working on Scripture Memory: 1 Corinthians 13:1-7 (3 weeks)

V. Session Five – Date: _____

Homework for next session

1. Read and do the homework for Chapter 5 of *Tying the Knot, “Communication with Jesus as the Center”*
2. Listen to the Sermon “Speaking to the Heart of Your Mate” part 1 and 2
3. Scripture Memory: James 4:1-2

VI. Session Six – Date: _____

Homework

1. Read and do the homework for Chapter 6 and 7 of *Tying the Knot, “Finances with Jesus as the Center”* and “*Community with Jesus as the Center*”
2. Scripture Memory: Hebrews 10:23-25

VII. Session Seven – Date: _____

Homework:

1. Read and do the homework for Chapter 8 of *Tying the Knot, “Intimacy with Jesus as the Center”*.
2. Listen to the Sermon “Sex: Great Gift or Great Grief?”
3. Scripture Memory: 1 Corinthians 7:3-5

VIII. Session Eight – Date: _____

Homework – enjoy the wedding and honeymoon!

1. *Intended for Pleasure* is a good resource for reading before and during the honeymoon.
2. Other helpful Resources
 - a. *The Meaning of Marriage* by Tim Keller
 - b. *What Did you Expect?* by Paul Tripp
 - c. *When Sinners Say “I Do”* by Dave Harvey
 - d. *Intimacy Ignited* by Dillow and Pintus
 - e. *Sex, Romance and the Glory of God* by C. J. Mahaney
 - f. *Biblical Principles of Sex* by Robert D. Smith