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Biblical Counseling

Homework

*Husbands Monthly Leadership Agenda*

This worksheet is intended to assist a husband in developing biblical leadership habits and thus glorifying God and building oneness in his marriage. Items with an asterisk beside them are to be done **prior** to meeting with your wife and then reviewed with her.

APPRECIATION

1. \*Personal confessions and changes to make (be specific):
2. \*Things I appreciate about her:
3. \*Words of encouragement for her:
4. Words of praise from her:

COMPANIONSHIP

1. \*Personal confessions and changes to make (be specific):
2. \*When I plan to spend time with her:
3. Things we can do together:

4. \*How I plan to show sweetheart love to her:

SPIRITUAL LEADERSHIP

1. \*Personal confessions and changes to make (be specific):
2. Biblical concerns from her about my leadership:
3. Updates from both on personal time in prayer and in the Word:
4. My plan to pray with her daily:
5. My plan to spend regular time in the Word with her:
6. \*Any observed sinful patterns to lovingly and respectfully talk with her about:

 Spiritual input and direction for her in this matter (i.e., gentle reproof, loving correction, biblical instruction, persistent training and discipleship):

1. Specific ways I can pray for her:
2. Specific ways she can pray for me:

MATERIAL LEADERSHIP

1. \*Am I providing food, clothing, shelter, and safety for my family to the best of my ability?
2. Ways I can grow and improve (without biblical compromise):
3. Updates from her on areas delegated to her (e.g., finances, major purchases, etc.)

Home Environment

1. \*Personal confessions and changes to make (be specific):
2. \*Is there anything else adversely affecting our home (e.g., forms of entertainment, schedules, people, other compromises, etc.) (Include input from my wife)?
3. Is the home typically operating in order and control or in chaos and disorder? List any specific areas of need:
4. Does my wife believe she is fully equipped to run the home (under my direction)? (E.g., Is she overwhelmed? Are there hindrances such as lack of training, physical limitations, home-schooling, multiple children, etc.?)
   *   Weekly help needed:
   *   Ways I can help:
   *   Items needed:
   *   Training needed:
   *   Accountability needed:

PHYSICAL INTIMACY

1. Personal confessions and changes to make (be specific):

2. My plan for intimacy:

*   \*How to pray beforehand:
*   \*Thoughts to think:
*   Ways to prepare her (ask her):
*   Things to say (ask her):
*   Ways to please her (ask her):
* DECISION-MAKING

1. \*Personal confessions and changes to make (be specific):
2. \*Thoughts, notes, or tentative plans about decisions that affect my family:
3. Inputs from my wife:
4. If needed, inputs from children (i.e., Does the decision affect them as well?):
5. Final decisions/directions that affect my family:

SERVICE

1. \*Am I being the greatest servant in my home in my attitude and actions?
2. Ways I can improve/grow:
3. Ways I can serve her:

CHILDREN (APPLY RESPONSES TO EACH CHILD):

1. \*Personal confessions and changes to make (be specific):
2. Updates from my wife:
3. \*When I will spend time with him/her:
4. \*How I plan to encourage him/her:
5. \*Questions, concerns, or prayer requests I have gathered from him/her (including concerns or input about my leadership and life):
6. Ways I can pray for him/her:
7. \*Updates from him/her on personal time in prayer and in the Word:

8. \*My plan to pray with him/her daily:

1. \*My plan to spend regular time in the Word with him/her:
2. Requests for tentative plans from him/her (provide him/her freedom whenever possible/reasonable):
3. \*Any observed sinful patterns to lovingly and respectfully talk with him/her about:

 Spiritual input and direction for him/her in this matter (i.e., gentle reproof, loving correction/discipline, biblical instruction, persistent training and discipleship):

12. Further delegations to my wife:

GENERAL/MISCELLANEOUS

1. Her tentative plans (freedom whenever possible):
2. Concerns she has about our relationship:
3. \*Concerns I want to share with her about our relationship:
4. Consider these concerns prayerfully – including prayer for God’s enabling grace and gratitude for having them revealed. List Scriptural principles that apply and include how you will implement them in obedience that brings honor and glory God.