BIBLICAL COMMUNICATION INVENTORY

1. I use **words** that are inappropriate when I talk with you.
2. I use **inflections** that are inappropriate when I talk to you.
3. I use inappropriate **facial expressions** when I talk to you.
4. I do not **look at you** when I talk to you.
5. I do not **touch** you enough when I talk to you.
6. I **blow-up** (ventilate my anger) when I talk to you.
7. I **clam-up** (internalize my anger) instead of talking to you.
8. I **interrupt** you when you’re talking to me.
9. I’m **inattentive** when you’re talking to me.
10. I **judge** your motives.
11. I seem **uninterested** or **unwilling** to talk to you.
12. I use **sweeping generalizations** when I talk to you.
13. I **blameshift** my responsibilities, to you.
15. I **exhume** from you past things I’ve promised to forgive.
16. I **scold** you.
17. I **put you down** when I talk to you.
18. I use **harshness** when I talk to you.
19. I do not make every effort to **resolve conflicts** with you.
20. I’ve **not sought help** from other Christians as I should have.

**Evaluation of Self by Self:**

1. ___  6. ___  11. ___  16. ___
2. ___  7. ___  12. ___  17. ___
3. ___  8. ___  13. ___  18. ___
5. ___  10. ___  15. ___  20. ___

**Evaluation of Self by Spouse:**

1. ___  6. ___  11. ___  16. ___
2. ___  7. ___  12. ___  17. ___
3. ___  8. ___  13. ___  18. ___
5. ___  10. ___  15. ___  20. ___

**Rating Scale:**

<table>
<thead>
<tr>
<th>Points:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hardly ever</td>
</tr>
<tr>
<td>Seldom</td>
</tr>
<tr>
<td>Sometimes</td>
</tr>
<tr>
<td>Frequently</td>
</tr>
<tr>
<td>Almost always</td>
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