

Idolatry Repentance Plan of Action

Specific Plan to “Put Off” and “Put On” new attitudes and behavior so that genuine repentance and change takes place

1. Be specific and not abstract or vague. We don’t change and grow in ‘fuzzy land.’ (“I want to be nice, or more loving” is too vague. State specifically the ways you are going to be more loving – what are you going to do? How & what are you going to think now?)
2. Make the goals attainable – be realistic
3. Be biblical – does God ask you to do this? Or do you have a biblical principle as the basis for doing it?
4. Be positive and not merely negative – not merely, “I won’t be critical,” but “I will express appreciation for a least two things every day.” The Bible talks about replacing sinful behavior, not just stopping wrong behavior. The joy and peace comes in doing righteousness, not just in avoiding sinfulness.

Examples:

- I will smile when I enter the house.
- I will say “I love you” at least two times a day.
- I will call her from work to express my love.
- I will lead family devotions once / week
- I will plan my day so that I can spend 30 minutes with her.

**Idols that
Need to Be
Thrown Down**

**Write out specific steps to changing in this area. How
does your thinking need to change? What will you stop doing?
What will you begin to do?**

Idol #1	New Ways of Thinking about this area / issue:
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	New Ways of Acting in this area:
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Idol #2

New Ways of Thinking about this area / issue:

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New Ways of Acting in this area:

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Idol #3

New Ways of Thinking about this area / issue:

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New Ways of Acting in this area:

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Idol #4

New Ways of Thinking about this area / issue:

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New Ways of Acting in this area:

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Idol #5

New Ways of Thinking about this area / issue:

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New Ways of Acting in this area:

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