50 Questions To Ask Your Spouse

- 1. What are your 5 favorite foods, with the most favorite first?
- 2. What are your 5 favorite kinds of meals, with the most favorite first?
- 3. What are your 5 favorite desserts, with the most favorite first?
- 4. What are your 5 favorite restaurants, with the most favorite first?
- 5. What is your favorite color?
- 6. What are your 5 favorite hobbies, with the most favorite first?
- 7. What are your 5 favorite recreations, with the most favorite first?
- 8. What are your 5 favorite sources of reading, with the most favorite first?
- 9. What gifts do you like?
- 10. What is your favorite book(s) of the Bible? Why?
- 11. What is your favorite verse(s) of the Bible? Why?
- 12. What is your favorite song?
- 13. What makes you the most fulfilled or happiest as a woman/man?
- 14. What makes you the most fulfilled or happiest as a wife/husband?
- 15. What makes you the most fulfilled or happiest as a mother/father?
- 16. What makes you saddest as a woman/man?
- 17."What make you saddest as a wife/husband?
- 18. What makes you saddest as a mother/father?
- 19. What do you fear the most?
- 20. What other fears do you have?
- 21. What do you look forward to the most?
- 22. How much sleep do you need?
- 23. What do you consider to be your skills?
- 24. What do you believe to be your spiritual gifts?
- 25. What are your weaknesses?
- 26. To ask wife: What things (personal, home, car, etc.) need repairing? To ask husband: What things around the home need to be cleaned?
- 27. To ask wife: With what chores and responsibilities do you like my help? To ask husband: How can I make it easier for you to lead our family?
- 28. What caresses do you enjoy the most?
- 29. What caresses do you enjoy the least?
- 30. What action of mine provides you the greatest sexual pleasure?
- 31. What other things stimulate you sexually?

- 32. At what times do you need assurance of my love the most?
- *33. How can that love be shown?*
- 34. What can I do that will make it easier to discuss and work on areas or problems that are uncomfortable to you?
- 35. What concerns do you have that I do not seem interested in?
- 36. What things do I do that irritate you?
- 37. What desires do you have that we haven't discussed?
- 38. What do you enjoy doing with me, with the most enjoyable first?
- 39. What things can I do that show my appreciation of you?
- 40. What varying desires (spiritual, physical, emotional, intellectual, social, worth, appreciations, recreational, security, etc.) would you like me to provide?
- 41. To ask wife: In what ways would you like me to protect you (physically, spiritually, socially, emotionally)?

To ask husband: In what ways would you like me to respect and reverence you?

- 42. In what ways would you like me to sacrifice for you?
- 43. What things do you see by my action that place first in my life?
- 44. What implied or unspoken desires and wishes of yours would you like for me to fulfill?
- 45. What concerns and interests of yours would you like me to support?
- 46. How much time would be good for us to spend together each day?
- 47. In helping family members to use their skills and develop their abilities, what motivating factors would be helpful for me to use?
- 48. What can I do that provides the greatest comfort and encouragement for you when you are hurt, fearful, anxious or worried?
- 49. What personal habits do I have that you would like changed?
- 50. What ways do I demonstrate to you that you are a very important person who is as important or more important than I am?